

New Destinations

A GROUP FOR
RETIREES



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Once you're retired...

What's next?

Join a group that will help you answer this question and more. Participate with others who are:

- Looking for next steps to take on a path to a meaningful and fulfilled life.
- Aiming to understand and enjoy this life stage.
- Seeking opportunities to share with others and to learn from others.
- Wanting to grow, expand, and get as much from life as possible.



“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.”

– Maria Robinson

What would you like to do for the rest of your life?

Are you:

- Thinking about the years ahead?
- Looking at the world and wondering how you will be and what you will do?
- Wondering how to move beyond the structured work world to find satisfaction and meaning in new ways?



Join ***New Destinations*** to explore with other retirees the next directions your life could take.

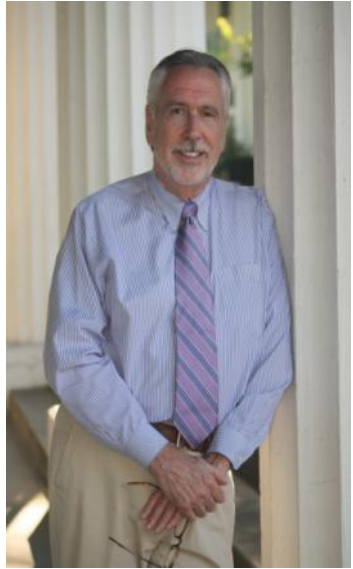
Led by Dr. Marc D. Geller, a New Jersey licensed psychologist (#1821), the ***New Destinations*** group will help you write the next chapters of your life alongside others on a similar journey.

For additional information, visit:

www.drmarcdgeller.com

I'm pleased and excited...

• • • to have this opportunity to tell you about myself and my practice which is located in a home-like setting on East Main Street in Somerville (New Jersey), just around the corner from Somerset Medical Center. I will do everything I can to make our work together rich and productive.



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I earned my doctoral degree at Rutgers University where I was trained to look at the whole person as well as the whole situation. I pride myself in all the ways I am able to assist those with whom I work.

Over the past 25 years, I have assisted many people with their transition from the pressures and rigors of the work environment to a successful and meaningful retirement. Much of the work I've done with people during their working years focused on coaching, addressing career issues, and helping to identify their needs and wants – and figuring out how to get those needs and wants met. The work I've done, the range of people I've worked with, and the experience I've gained provide me with the expertise to lead **New Destinations** and to assist you at this critical transition in your life.

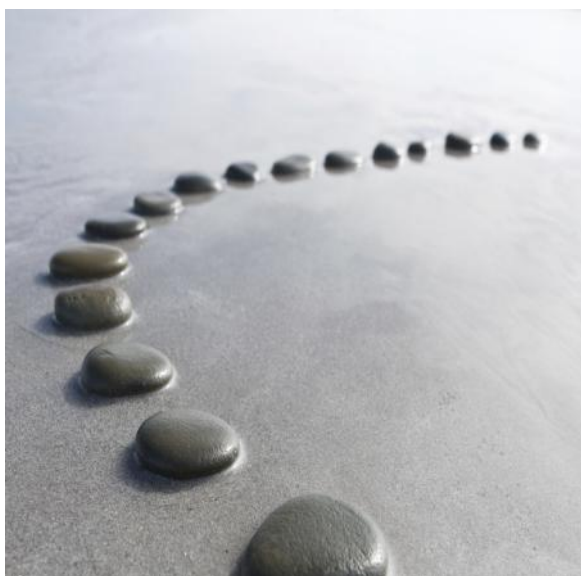
Moving into retirement requires appropriate time and attention to issues that can be challenging, stressful, and complex. The group process creates an empathic environment of support while leveraging the shared experience and perspectives of participants. ***New Destinations*** offers a powerful and effective approach which will help you create a life consistent with your needs and dreams. I invite you to join and to make this important investment in your future. Please call me directly at **908.725.9090** so we can talk about your needs and how I can be helpful. I also hope you will visit my website at **www.drmarcdgeller.com**.

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FIND YOUR
New
Destinations
IN RETIREMENT



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